

THE CHEDI

EL GOUNA, RED SEA

ENTERTAINMENT PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 Yoga* 10:00 - 11:00	 Fitness Class* 9:00 - 9:45	 Yoga* 10:00 - 11:00	 Fitness Class* 9:00 - 9:45	 Yoga* 10:00 - 11:00	 Fitness Class* 9:00 - 9:45	 Fitness Class* 9:00 - 9:45
 Face Massage Workshop* 12:00 - 12:30	 Sand Art Make at the beach 11:00 AM-12:00PM	 Lagoon Trip* 11:00 - 13:00	 Facial Skincare Workshop* 12:00 - 12:30	 Neck & Shoulder Massage Workshop 12:00-12:30	 Cookies decoration At Spool Relaxation area 12:00-1:00 PM	 El Gouna Goes Green! 10:00 Am -12:00 PM
 Coloring for kids At Spool relaxation area 12:00-1:00 Pm	 Cookies decoration At Spool Relaxation area 12:00-1:00 PM	 Head Massage Workshop* 12:00 - 12:30	 Coloring for kids At Spool relaxation area 12:00-1:00 Pm	 Swimming Lesson at Main pool 12:00- 1:00 PM	 Body Skin Care Workshop* 12:00 - 12:30	 Cellulite Massage Techniques* 12:00 - 12:30
 Mixology Class* Winter: 16:00 - 17:00 Summer: 17:00 - 18:00	 Aromatherapy Oils workshop* 12:00 - 12:30	 Kayak and Stand-up Pad-dle Armada* Winter: 15:00 - 16:00 Summer: 16:00 - 17:00	 Beach Volleyball with the Chedi Team Winter: 15:00 - 16:00 Summer: 16:00 - 17:00	 Cooking Class Asian* Winter: 16:00 - 17:00 Summer: 17:00 - 18:00	 Pottery Art Make At The Beach 16:00 - 17:00	 Coloring for kids At Spool relaxation area 12:00-1:00 PM
 Beach Volleyball Winter: 15:00 - 16:00 Summer: 16:00 - 17:00	 Boot Camp at the Beach Winter: 16:00 - 16:45 Summer: 18:00 - 18:45	 Sauna Infusion Winter: 17:00 - 18:00 Summer: 18:00 - 19:00	 Jogging at Golf Course Winter: 16:30 - 17:30 Summer: 18:00 - 19:00	 Boot Camp by the Beach Winter: 16:00 - 16:45 Summer: 18:00 - 18:45	 Kayak and Paddle Armada* Winter: 15:00 - 16:00 Summer: 16:00 - 17:00	 DJ Vibes - Commercial Music Winter: 16:00 - 18:00 Summer: 17:00 - 19:00
 Body Scrub Ritual Winter: 17:00 - 18:00 Summer: 18:00 - 19:00	 Egyptian Cooking Class * Winter: 16:00 - 17:00 Summer: 17:00 - 18:00	 The BBQ Winter: 18:30 - 22:00 Summer: 19:00 - 22:00	 Ladies Night with DJ Vibes 20:00 - 22:00	 Body Scrub Ritual Winter: 17:00 - 18:00 Summer: 18:00 - 19:00	 Sauna Infusion Winter: 17:00 -18:00 Summer: 18:00 - 19:00	 Sunset Tower Tour Winter: 16:00 - 17:00 Summer: 18:00 - 19:00
 The Camp Fire Night (Only During Summertime) 21:00 - 23:00	 Guest Cocktail Winter: 17:00 -18:00 Summer: 18:00 - 19:00				Explore Upper Egypt Winter 18:30-22:00 (Main Restaurant) Summer 19:00-22:00 (The Beach House)	 Jogging at Golf Course Winter: 16:30 - 17:30 Summer: 18:00 - 19:00

* Reservations required.